



Come follow me

Gather by me.

Let us seek and discover together.

Gather together.

Let us be open and welcoming to everyone.

Gather in.

Let us learn with and from others.

Gather closer.

Let us trust, respect and accept each other.

Gather around me.

Let us catch each other when we stumble.

Gather with and through me.

Let us know each other well.

Come follow me.

From the Principal . . .

At both our whole school assembly and opening mass we reflected Jesus' call to 'come follow me'. He invites the disciples to leave the safety of the world that they know; to leave their fishing nets, their work as fisherman, their friends and family, and to move into the unknown. Their decision to join him is a huge leap of faith and they will never again be simple fisherman enjoying a quiet life on the shores of Galilee.

As we follow their story we see them challenged, perplexed and occasionally overwhelmed. They question, make mistakes, test ideas and slowly come to understand the way of Jesus. Each step forward involves several steps back.

Our own learning is not dissimilar. In learning we need to leave what we know and move into the unknown. It is a risky business because things might not go to plan; in fact, it's likely that they will go wrong. To learn we put ourselves on the line, usually in front of others. It can be uncomfortable to ask questions, to admit that we don't know, to share ideas that are still half baked or possibly wrong. This can be awkward and it is often easier to put up a front or to hide. This is as true for us as adults as it is for young people.

Learning nearly always involves risk because to improve we have to push ourselves to the point where the work is a bit too hard; the point where we have to stretch; where it is more likely that we'll make mistakes. To learn we need to reach for what we don't yet know; the harder Maths problem, the more difficult piece of writing, new teaching strategies, the more complex dance moves. There is little learning when we cling to our comfort zone. Learning is always about the next challenge; for good to become better, and for better to become best.

High risk activities require safety measures Mountain-eers have ropes, abseilers have a harness and tightrope walkers have a safety net.

Safety nets catch us when we fall; enable us to bounce back from a mistake and allow us to try again and again because we have support.

Learning is essentially a community activity. We learn with and from others; in classes, as teaching teams, in sporting squads, with a coach, with a partner, with a

CONTINUED OVERLEAF

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table group, within our family and our friendship group.

Families and the school community, particularly class groups are the learning support net for students. Like a net, they are made up of interconnected pieces and knotted together to form a single protective web. Each is reliant on the other. No individual can do it alone. Joined together as one, they are strong, much stronger than they would be as individuals.

Trust, respect and the unconditional acceptance of everyone are the knots of our class learning communities. To learn with and from others we need to know them, not only their name but who they are and what makes them tick. We need to be interested in and open to each other and to work well with everyone in our class, not only our immediate group of friends.

In these early weeks of the school year it is everyone's responsibility to build relationships, to establish these connections, so that we can all learn and grow together. We do this within classes, across the school and with families.

It has been terrific to meet so many families at the Years 8 and 9 Family Nights. These nights are certainly one way of beginning to build these connections. We look forward to meetings the families of students in Years 7 and 10 in the coming weeks.

MacKillop Pins

At the open assembly we recognised a number of students for academic excellence in 2013.

The Mary MacKillop pin is awarded to the top 10 - 12 students at each year level. Results from Semester 1 and 2 are considered in selecting these students.

I'd like to congratulate all students who received a MacKillop Pin. You are indeed a talented group! Excellence is never an accident or luck. In Edison's words it is about 1 per cent inspiration and 99 per cent perspiration, or in other words, hard work.

Recipients of the MacKillop pin generally have the ability to stick at things and to work hard even when the work is not immediately enjoyable. They're focussed, seek help, use feedback and constantly look for ways to do better. Well done on working hard throughout the year and doing everything to be the best you can be. Your pin is well deserved.

I'd also like to congratulate all the students who were not recognised with a pin, but who know that what they achieved last year was their very best. Well done!

Recipients of the Mary MacKillop Pin for 2013 were:

Year 7 2013

Edward Jeselnik	Anita Doan	Jennifer Rios
Julie Phung	Stephanie Tran	Glydel Lawang
Michelle Nguyen	Jessica Nguyen	
Kathleene Mendoza	Ilyssa Mendoza	

Year 8 2013:

Maria Chu	Bianca Callos	Angela Nguyen
Nina Pombuena	Monika Rac	Carolin Lamb
Cindy Do	Ariane Lee	Brayden Willie
James Le	Simon Nguyen	
Teresa Phan	Hashara Jayawardane	

Year 9 2013:

Eunice Garay	Teresa Vu	Katelin Lamb
Queenie Nguyen	Lily Pham	Lucero Cuzcano
Frances Deen	Dorothy Tang	Sandra Rodriguez
Kristy Thinh	Aaron Lillo	
Tracey Bui	Blerta Gegaj	

Year 10 2013:

Diana Quach	Lucia Koesoemo	Kristian Vukadin
Redmon Ortega	Nhu Lu	Janine Vasquez
Teresa Vong	Lan Tran	

2013 Learning Bursaries

As well as the MacKillop Pin we also awarded a learning bursary for the DUX (student with the most outstanding academic results for each year level). The recipients of these awards for 2013 were:

Year 7: Edward Jeselnik

Year 8: Cindy Do

Year 9: Kristy Thinh

Year 10: Redmon Ortega

Congratulations to these students. Each had a terrific year and achieved results of which they should be very proud. We hope that each student uses the prize in some way towards their education.

Williams Cup

Congratulations to O'Reilly House on winning the 2013 Williams Cup. This is presented to the House that scores the most points across all Inter house activities. The 2013 competition was very close towards the end of the year with O'Reilly finally gaining the points following some outstanding performances on the Ball Sports Day.

Competition for the 2014 Williams Cup kicks off in the next few weeks with Interhouse Swimming and Project Compassion. We wish each House the very best.

Arrangements for Tuesday 11th March

Families may have noticed that students are not required at school on this day as it is a staff professional learning day.

Once a year all the staff of Catholic Regional College (North Keilor, Sydenham, Caroline Springs, Melton and St Albans) gather for mass and a joint staff professional learning activity.

This year CRC Melton is hosting the day and the focus of the professional learning activity is *Competing Voices*. We will be looking at the world of young people:

- * how they make sense of themselves and their lives in the face of a media that exploits, manipulates and makes everything public;
- * what does it mean to be made in the image of and likeness of God;
- * what does a positive Christian anthropology look like,
- * and how do we assist them to 'connect the dots', between faith and life; between learning and living?

This day will provide a starting point for a much bigger conversation around Christian Education for Personal Development that will take place over the next few years.

Year 10 Elevate Program

On Monday Year 10 students participated in the Elevate program. These are study tip sessions conducted by University students. This week's session was Study Sensei.

It might be interesting for Year 10 families to chat with students about what they learnt in the session and how they hope to apply this to their studies this year. There will be a follow up session in May.

School 'drop off' and 'pick up'

As is the case with most schools the streets around the College and Sacred Heart primary school are congested at these times. Our first concern is always everyone's safety and we ask families to take care when you are collecting or dropping off students.

Please ensure that your child **uses the school crossings** and that you do not double park or park in no standing places. Council officers regularly blitz the area around the school. At times parents parked on the west side of Theodore Street call their children to just cross the road, even though a teacher is directing them to the crossing. This is unsafe.

Interhouse Swimming

Families will receive a letter next week outlining arrangements for the Interhouse Swimming carnival on **Wednesday 5th March**. Please return the permission form promptly.

The carnival is held at the St Albans Leisure Centre so if families have the time, you're very welcome to join us for the carnival; to cheer on your child and to barrack for their House.

Ash Wednesday

The season of Lent begins with Ash Wednesday on the **5th March**. I know that many families will be attending Ash Wednesday mass in their own parish, however, you are also very welcome to join the school community in celebrating mass at 8.30am at Sacred Heart on this day.

Newsletter

The newsletter is published fortnightly and distributed on **Day 5 (Friday Week 1)**. Students will have a chance to read it before placing it in their diary to be taken home to parents that evening.

Newsletter Days for Term 1 2014:

21st February 7th March 21st March 4th April

The newsletter can also be accessed on Friday mornings, (Day 5) on the College website at:

<http://www.crcstalbens.catholic.edu.au>

Changes in contact details

Families are reminded that the school needs to be notified immediately that there are changes to phone contact details or addresses.

Applications for Year 7 2015

Enrolments are now being taken for Year 7 2014. Application forms and College Information packs can be obtained from the front office at any time. The application form can also be downloaded from the College website at www.crcstalbens.catholic.edu.au.

Since our last newsletter.....

Over and above the day to day activities of the school since our last newsletter students, families and staff have participated in the following:

Opening assembly
Year 7 Sunnystones Day
Year 10 Elevate
10 Little Community service
Trinity Great Race
Year 9 Media ACMI excursion
Opening mass
Year 8 iPad Information sessions

I am sure that students and their families are very appreciative of all these opportunities and the time and energy that staff put into organising and offering these experiences.



CHRISTINA UTRI
PRINCIPAL



Wednesday Morning Mass

A reminder that Wednesday Mass will commence on

Ash Wednesday March 5th

All staff, students and families are welcome to attend mass at 8:30am.

St Vinnie's Corner

Meetings for the St Vinnie's Crew (Social Justice Team) will be every Wednesday at lunchtime in room 28. Any new members are welcome to attend and join the team.

"The St Vincent de Paul Society is committed to actively and passionately speaking out against the causes of poverty and inequality on behalf of the people we serve."

In this week's newsletter we invite you to log onto the St Vinnie's Website and explore all that the Society does in the "Our Impact" section of the site.

www.vinnies.org.au

Project Compassion
"Together we can support Marginalised communities live a full life, with dignity and free from poverty."
 Project Compassion is coming!!!
 Start collecting your loose change . . .
Which House will raise the most funds this year?
 Activities and ways you can support will be published soon.

Questions for thought

When someone is unkind to you how do you react?

Jesus asks us to be good to the person who is not so good to us.

LOVE YOUR ENEMIES

Is this easy or hard for you?

If everyone loved their enemies, what would the world look and feel like?

Matthew's Gospel Reflection

Mt 5:38-48

Jesus said to his disciples: 'You have learnt how it was said: Eye for eye and tooth for tooth. But I say this to you: offer the wicked man no resistance. On the contrary, if anyone hits you on the right cheek, offer him the other as well; if a man takes you to law and would have your tunic, let him have your cloak as well. And if anyone orders you to go one mile, go two miles with him. Give to anyone who asks, and if anyone wants to borrow, do not turn away.'

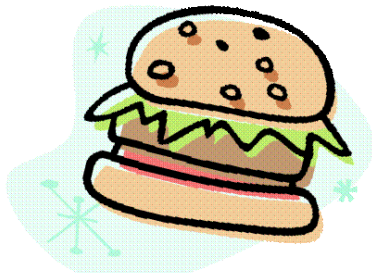
'You have learnt how it was said: You must love your neighbour and hate your enemy. But I say this to you: love your enemies and pray for those who persecute you; in this way you will be sons of your Father in heaven, for he causes his sun to rise on bad men as well as good, and his rain to fall on honest and dishonest men alike. For if you love those who love you, what right have you to claim any credit? Even the tax collectors do as much, do they not? And if you save your greetings for your brothers, are you doing anything exceptional? Even the pagans do as much, do they not? You must therefore be perfect just as your heavenly Father is perfect.'

CANTEEN MENU 201

JAD FOOD HOLDING P/L

Breakfast menu

Egg & Bacon Roll	\$3.50
Hash Brown	\$1.30
<i>Toasted Sandwiches:</i>	
Ham & Cheese	\$3.50



Drinks

Soft Drink (Can)	\$2.40
Soft Drink (Bottle)	\$4.00
Flavoured Milk (Bottle)	\$4.00
Flavoured Milk (BigM 300ml)	\$3.00
Up & Go	\$3.00
Water	\$2.50
Iced Tea	\$4.00
Gatorade	\$4.00

Lunch and Recess Menu

Hot Dog with Sauce	\$3.50
Hot Dog with Cheese	\$4.00
Mini Chicken Burger	\$4.00
Large Chicken Burger	\$5.50
Beef Burger with Cheese	\$4.00
Pizza slice	\$2.50
Dim Sim	\$1.00
Nachos with Sour Cream	\$5.00
Pastizzi	\$1.60
Wedges	\$4.00
Spring Roll	\$3.00
Chicko Roll	\$3.00
Hash Brown	\$1.30
Sausage Roll	\$3.50
Meat Pie	\$4.00
Chicken Nuggets (4) and Wedges	\$5.00
Cup of Noodles	\$3.00



Extras

Sweet Chilli Sauce, Tomato Sauce, Sour Cream, Cheese

... Lunch Specials available ... See SPECIALS Board ...

Sandwiches and Salads (by Order only)

Salad	\$4.00
Egg & Lettuce	\$3.00

Extras	(each)	\$1.00
Roll — Sweet Tuna, Chicken, Ham, Boiled Egg		
Wrap	(half)	\$3.50
Wrap	(whole)	\$5.50
Garden Salad, Rice Salad, pasta Salad.		
	(Small)	\$3.50
	(Large)	\$4.50

Ice Creams, Sweets and Confectionery

Banana Bread	\$2.50
Jam Doughnut	\$2.50
Muffins	(from) \$3.00
Cookies (Large)	\$4.00
Chips	\$2.50
Jelly Cups	(from) \$2.00
Icey Twist	\$1.80
Calippo	\$1.80
Paddle Pop	\$2.00
Golden Gaytime	\$4.00
Drumstick	\$3.50





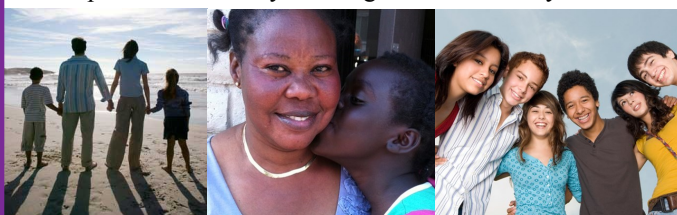
family Matters

On-going support

Christmas, New Year, and holidays can prompt different types of feelings and experiences – hopefully, most will be positive and enjoyable. However, life doesn't always run to plan. BUT you need not feel alone. Your local doctor is often a good first option. Otherwise, there are a number of community supports available over this time. Some examples are

Lifeline	131 114
Parentline	132 289
Griefline	9596 7799
Kids Help Line	1800 551 800
Headspace	9927 6222

All of these have websites for more information. You might like to post this note on your fridge at home. *Jenny Ricketts*



School community

Building school community is about developing connections among families, students, and staff in such a way that each member has a voice and feels important. It is an ideal to work toward. In an article on the 2020socialjustice website, I discuss a research project I conducted with members of the school community and their ideas about education as being collaborative and transformative. You can read the full article by going to the blog page on www.2020socialjustice.com.

Jenny Ricketts



2020socialjustice



VOLUNTEERS NEEDED

AMES needs friendly people with patience, a sense of humour, fluent English and two spare hours each week to help new arrivals learn English and settle in Australia. You will make a new friend and learn about a different culture. No qualifications or experience needed.

Your help would be invaluable. FREE TRAINING AND SUPPORT PROVIDED.
Contact Rosemary Harman on 9366 0433 or harmanr@ames.net.au

Year 7 Enrolments
for 2015

CLOSING DATE

**FOR APPLICATIONS IS
SATURDAY 1 MARCH 2014**

Enrolment information is available from
the school office or the school website.

Please ring Anne Stokie on 9366 2544 or
contact her for further information at:

astokie@crystalbans.com.au

Alternatively, visit our website at:
www.crystalbans.catholic.edu.au

Someone Once Said...

*“Love is the only force capable
of transforming an enemy
into a friend.”*

- Martin Luther King, Jr.

Education Maintenance Allowance (EMA):

The Education Maintenance Allowance (EMA) is provided by the Victorian Government to lower-income families to help with education-related costs. If your child is under 16 and you hold a valid Health Care Card, Pension Card, or are a temporary foster parent, you may be eligible to receive the EMA. The allowance is paid in two instalments, one in March and one in August and is intended to assist with costs such as; **uniforms, excursions, textbooks, and stationery.** You can elect to have your EMA paid in one of the following ways:

- Direct deposit (Electronic Funds Transfer) into your own nominated bank account; or
- Paid to the school (held as credit) which you can use toward education expenses; or
- Paid by cheque which will be posted to the school for collection. In 2014, the annual EMA amount per student is:
 \$300 for year 7 students
 \$250 for students in year 8 – until age 16*.



* A **pro-rata amount is payable for students turning 16 in 2014.**

How to Apply: Contact the school office for an EMA application form.

Closing Date: Return your EMA application form by **28 February 2014.**

For more information about the EMA, visit <http://www.education.vic.gov.au/school/parents/financial/Pages/default.aspx>

PLEASE CONTACT ANNE ROSS at the school office AS SOON AS POSSIBLE if you have not met with her this year. LATE APPLICATIONS CAN NOT BE CONSIDERED

Wëu Guier Piöc (EMA):

Kek Wëu Guier Piöc (EMA) aye Akuma koc Victoria gäm aanin wën döm wëu likiic ku bi kek kuony kuat käk-piöc ye yoc.

Na da menhduön de ruon ka 16 dhuk piny, ku yin ade kanh pial guöp lui, kanh amidieth de m'enh kor/kocedit ci dhiöp, wule ye amu'ök meth kaam thin ciekic, ka yin alëu ba Wëu Guier Piöc döm (EMA). Kek wëuke aye dam a'yeer arak rou, tön tuen ee Akonhii yic ku tö'ndet' ee Biltii yic.

Kek wëuke aku'öony beI kuat käk thukul-ye' yoc cömön; aleth thukul', keny thukul, athör kueñ, ku wereeg kueñ. Alëu ba kuany ë rin Wëukuön Guier Piöc (EMA) döm yin ë dh'olk e yic:

- ♦ Bi ke tääu ë bejdu yic (Dhöl Kompöta Nyin) kuat bej akaun ca kuany yic; kua
- ♦ Bi ke tääu bej thukul menhdu bi ke muk thin ku loike kuat kä bi piöc menhdu wic; kua
- ♦ Bi ke döm yin ke c'eg ba ke jal la nyaai thukulic.

Ee ruön tiim karou ku thiäär ku quan (2014), the annual EMA amount telnë menhdun tök:

- ♦ \$300 tënë tö mith' yön 7
- ♦ \$250 tënë mith' yön 8 – agut run ka 16*.

* **Wëu bi röt ya juak abi kek döm mith' abun de run ka thiäär ku dhetem ë ruön tiim karou ku thiäär ku' quan (2014).**

Të bin athöör cuat thin: Yuop mäktäb thukul ku ba athör Wëu Gui'er Thukul (EMA) yök.

AköI bi yen thiöök thok: Yin awic ku ba athör wëu Dhöl Guier Piöc (EMA) nyaai ë mäktäb thukulic ku dhuk nhom aköI nin thiër-rou ku bet, Kol, ruön tiim karou ku thiäär ku' quan (28.02.2014).

Të wic yin wël juéc alon Wëu Guier Piöc (EMA), nem <http://www.education.vic.gov.au/school/parents/financial/Pages/default.aspx>

Trợ cấp Giáo dục (Education Maintenance Allowance - EMA):

Chính phủ bang Victoria cấp Trợ cấp Giáo dục (EMA) cho các gia đình có thu nhập thấp để giúp họ trang trải các chi phí liên quan đến giáo dục.

Nếu quý vị có con dưới 16 tuổi và hiện đang có Thẻ Chăm sóc Y tế (Health Care Card), Thẻ Cấp Dưỡng (Pension Card) hoặc là một phụ huynh nhận con nuôi tạm thời thì quý vị có thể hội đủ điều kiện để nhận EMA.

Khoản trợ cấp này được chia làm hai phần, một phần được trả vào tháng Ba và một phần được trả vào tháng Tám. Khoản chi này có mục đích giúp các gia đình trang trải các chi phí liên quan đến giáo dục chẳng hạn như: đồng phục, đi tham quan, sách giáo khoa và văn phòng phẩm. Quý vị có thể chọn một trong những cách sau đây để nhận EMA:

- ♦ Được gửi tiền trực tiếp (Chuyển Tiền Điện tử) vào tài khoản ngân hàng do quý vị chỉ định; hoặc
- ♦ Được chuyển về cho nhà trường giữ để quý vị có thể trang trải các phí tổn giáo dục; hoặc
- ♦ Được gửi bằng chi phiếu qua đường bưu điện về cho nhà trường để sau đó quý vị đến nhận.

Trong năm 2014, khoản tiền EMA thường niên dành cho mỗi học sinh là:

- ♦ \$300 cho học sinh lớp 7
- ♦ \$250 cho học sinh từ lớp 8 – đến tuổi 16*.

* **Khoản chi được tính theo tỉ lệ tương ứng sẽ được chi cho những học sinh lên tuổi 16 trong năm 2014.**

Cách nộp Đơn xin: Liên lạc với văn phòng nhà trường để nhận đơn xin EMA.

Ngày hết hạn: Quý vị cần nhận đơn xin EMA từ văn phòng trường và gửi lại trước ngày 28 tháng 2 năm 2014.

Để biết thêm thông tin về EMA, mời vào <http://www.education.vic.gov.au/school/parents/financial/Pages/default.aspx>

Year 10 Family Night

The Year 10 family night is scheduled for the evening of Monday 3rd March. Come along to meet the Pastoral Care teachers and assistants and myself. We will discuss topics such as Work Experience, transition to VCE/VCAL, Community Service. A letter has been sent home and replies are due this week.

Date: Monday 3rd March

Venue: School Hall

Time: 7pm Coffee and snacks and meet the staff

7.30 – 8.30: Welcome and presentation

Look forward to seeing you there,

Vince Iannuzzi

Community Service

Congratulations to Year 10 Little students who have commenced their Community service on Monday and Tuesday afternoons. They are helping out the community with organisations such as Grantham Green Nursing Home, Cumberland Manor Nursing Home, St Albans Library Reading Buddies, Sacred Heart Primary school, St Albans Primary school and Holy Eucharist Primary school. We are really fortunate to have these organisations come on board. Students of 10 Little will complete their community service on Monday 3rd March, students of 10 McAuley will begin thereafter.

Thanks, Vince Iannuzzi

GIRLS AFL OPPORTUNITY

Ever wanted to give women's Aussie Rules a go?

Try it with the St Albans Spurs Women's Football Team!

Our Youth Girls (under 18) and Seniors (open age) teams are both currently recruiting players for the 2014 season!

Friend us on facebook:

www.facebook.com/stalbansspurs



Call or text the Spurs hotline : 0406 621 699

Check out the Website: www.stalbansspurs.com.au

KEY DATES 2014

A full calendar for Term 1 will be sent home to families in the first week of 2014. However, key dates for Term 1 2014 are listed below:

TERM 1

Wednesday 5th March 2014:

Ash Wednesday

Interhouse Swimming (periods 3 – 6)

Monday 10th March 2014:

Labour Day Holiday

Tuesday 11th March 2014:

CRC Federation Staff Professional Learning Day

Wed 12/3 – Fri 14/3:

Year 8 Great Escape Country Experience

Thursday 13th March 2014:

7 AVOCA FAMILY NIGHT
6.30pm—8.00pm

Tuesday 18th March 2014:

7 YARRA FAMILY NIGHT
6.30pm—8.00pm

Thursday 20th March 2014:

7 KIEWA FAMILY NIGHT
6.30pm—8.00pm

Tuesday 25th March 2014:

7 WIMMERA FAMILY NIGHT
6.30pm—8.00pm

Thursday 27th March 2014:

7 SNOWY FAMILY NIGHT
6.30pm—8.00pm

Wednesday 26th March 2014:

SACSS Interschool Swimming

Tuesday 1st April 2014

Student / Parent / Teacher interviews

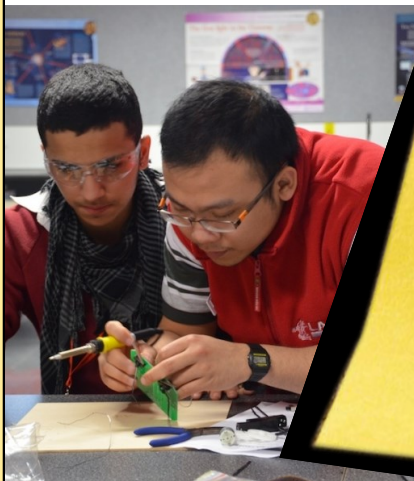
Thursday 3rd April 2014:

Student / Parent / Teacher interviews

Friday 4th April 2014:

Final Day Term 1

STUDY SUPPORT



Year 7

Monday—Thursday

3.15—4.00 pm

Room 37

Years 8-10

Monday—Thursday

3.15—4.00 pm

Language Centre

Falling behind in class?
Don't 'get' your schoolwork?
Come along and we'll
help you with your
studies . . .



KEEP CALM

AND

COME TO

STUDY SUPPORT

KeepCalmAndPosters.com