



### A Listening Heart

We bless you, O God,  
for how dignified we feel when somebody listens to us.

We thank you, O God,  
for times when we have blessed others with a listening ear.

We praise you, O God,  
for listening to the cries of your people.

Make us a listening community;  
one where each person is noticed,  
where each voice is heard,  
where each gift is appreciated,  
where each person comes to know you are a listening God.

Bless our school community with the gift of listening.  
May we listen and hear what each other is saying.  
May we step into each other's shoes and see things from there.  
May we hear the wisdom of the Spirit in each other's voices.

We offer this prayer through Christ our Lord. Amen.

## *From the Principal . . .*

### Welcome

Welcome back for Semester 2. I trust that everyone's enjoyed the break and is ready for what promises to be an interesting and very full term for all year levels.

With Student Parent Teacher interviews in the first week, and Work Experience and the Year 8 City Camps this week we've certainly hit the ground running. I thank staff for all the additional work they've put into organising and running these activities.

A very warm welcome to Nhan Le and his family (7 Wimmera) and to three new staff members: Justin Mead, William Watson and Sophie Salibi who all join our community this semester. Justin will be teaching in English and Humanities; William is working in Physical

Education, Science and Maths, and Sophie will be part of the Learning Support team. Each brings many gifts to our community and I trust that they will find their time at the College rewarding.

### Feast Day

Families might remember that we finished Term 2 with our Feast Day. The day began with mass at Resurrection, followed by activities in pastoral groups and then the much anticipated Feast Day carnival. It was a terrific day. Everyone was in fine spirits and it the perfect way to finish the term.

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On behalf of the school community I'd like to thank Fr. Noel Brady and the Resurrection community for welcoming us so warmly to the parish for our mass. Your hospitality, support and assistance was very much appreciated.

Thank you to Fr. Brady and Fr. O'Reilly for celebrating mass with us and to the parishioners and school families who joined us for the mass.

In the lead up to the liturgy we reflected on the Feast of the Sacred Heart, the work of the St Vincent de Paul Society and what it might mean to take up Jesus' call to *take up his yoke and to share the load*. In a practical response to the Feast of the Sacred Heart we collected many, many cans of food for distribution by St Vinnies. Thank you to all families who contributed so generously to this very worthwhile and practical call to action.

Thank you to the choir, the liturgy team, readers, servers and those who led the gathering rite and prayers. Thank you also to the staff and students who organized the pastoral care activities, helped with setting up the carnival and assisted with the clean up at the end of the day. Feast Day is the work of many hands. We're very appreciative of the assistance of friends and family on days such as this.

Thank you to Kevin Quinn and the SRC on an outstanding job in organizing this year's event.

And last but certainly not least, a special thank you to our parents and friends who helped with the carnival: Daniela Tejo, Gina Collier, Rachel Jansen, Aureen Bellard, Rosa Mendez, Katie Corson and Amira. Your time and generosity were very much appreciated.

### Semester 1 Reports

At this stage all families should have received the Semester 1 report and attended Student Parent Teacher interviews. Pastoral Care teachers will be contacting families who missed the interviews.

Looking through the reports it's good to see so many students working hard, putting effort into their studies and giving 100% to their studies. Congratulations to everyone who can say that they have done their best in Semester 1. This is an excellent achievement and there's no more that we can ask of you. I'd encourage you to continue this during second semester.

Much time is put into the preparation of these reports. I thank staff for all their work.

### Habits of Success

A small number of students and their families would have been disappointed with their report. They may have a poor work ethic or coasting and not doing their best.

Success in any field, including education, doesn't happen by chance. We can actually develop the skills to be more ready to learn and to learn more effectively. Extensive research has identified a number of habits which better help people to succeed. At the College we call these the 'Habits of Mind' and we work with students at Year 7 and 8 to look at how these might be applied.

With the start of a new semester it might be good for students and their families to consider these. They're valuable for students who are disappointed with their Semester 1 results as they give some hints as to how they could improve. At the same time, they're valuable for those who are already doing well as they provide direction on how to further improve.

### Successful students.....

**Persist.** They concentrate on the task and work on it until they have completed it successfully. They ask for help when they get stuck.

**Have self control.** They act thoughtfully.

**Listen with understanding.** They are open to hearing another point of view.

**Think flexibly.** They are able to view a situation from many perspectives and their minds are open to change.

**Use problem solving and decision making skills.** They are able to plan, monitor their thinking, evaluate their progress and work out new ways to proceed and learn.

**Strive for accuracy and precision.** They know what level they need to reach and are not satisfied with sloppy work.

**Ask questions.** They are curious and seek evidence. They analyse ideas. They use lots of strategies to solve problems.

**Communicate and think clearly.** This is both in speech and writing. They avoid dismissing new ideas.

**Create, imagine and innovate.** They look for different ideas and are able to think of original ideas of their own.

**Respond with wonderment and awe.** They are fascinated with the world around them and open to discovering new things.

**Co-operate.** They know how to work together with others.

**Are open to continual learning.** They admit when they do not know something and are eager to find out. They are always growing and learning.

### Twilight Open Evening: CRC Sydenham

All Years 9 and 10 families have received information from Sydenham regarding the Open Evening on **Wednesday 30th July, 2014.**

It is very important that all Year 10 students attend with at least one parent / carer so that both students and their families have a full picture of their options for Years 11 and 12. Pathways selection sheets will only be given out on the night.

We recommend the night also to Year 9 students and their families. It is a good chance to begin discussions around possible pathways. The night would be particularly valuable for all students thinking about a VET or VCE subject at Year 10 in 2015.

### Staff Planning Day

**Wednesday 13<sup>th</sup> August** is a staff professional development day and **students will not be required at school.**

### Year 10 Work Experience

On Monday we will welcome back the Year 10 students who have been on work experience this week. For many it was an eye-opening and enjoyable week. They were

able to develop a range of new skills and to stretch themselves in a situation outside their comfort zone. As is the case with most jobs they experienced the mundane and routine as well as the new and exciting. Feedback has been excellent. Teachers returning from visits had many good news stories to share. Many employers have already indicated that they're keen to take students again in 2015 based on their positive experience this year.

On behalf of the Year 10 students I'd like to thank Jill Gerada, Jacinta Dykes, Vince Iannuzzi and the Year 10 teachers for preparing and supporting students through this experience. Thank you also to the employers who took on our students. With workforce cutbacks and work placement a growing component of many VET and tertiary courses it's becoming more difficult to place students. We really appreciate all who support this valuable program.

### Year 5 Visits

This week Year 5 students from Holy Eucharist, Sacred Heart and St Paul's visited the College. This was an opportunity for them to experience a secondary school in action and to see the College. They made some gruesome looking scars in drama, played with dry ice in Science and did some cooking in Food Technology. As well as this they enjoyed a music and dance session.

We look forward to students from Resurrection visiting later in the term.

I'd like to thank staff who organised activities and the Year 7 students who were gracious hosts and fine ambassadors for our school. Their assistance in showing the students around, in helping with activities and in serving lunch was very much appreciated. Equally they enjoyed catching up with staff and students from their primary school.

### Course Planning for 2015

Students at all year levels are currently selecting their subjects / electives for 2015. This is supported by a range of activities to assist them and their families in developing an understanding of the different pathways and coming to a decision. It is important that students read and discuss the material distributed and use all the support provided.

### Annual Report 2013

Our 2013 Annual Report is now available to families on the College website at [www.crcstalbans.catholic.edu.au](http://www.crcstalbans.catholic.edu.au)  
Hard copies are also available from the school office

### Newsletter

The newsletter is published fortnightly and distributed on **Day 10 (Friday Week 2)**. Students will have a chance to read it before placing it in their diary to be taken home to parents that evening.

Newsletter Days for Term 3 2014:

Fri 8<sup>th</sup> August, Fri 22<sup>nd</sup> August, Fri 5<sup>th</sup> September, Fri 19<sup>th</sup> September

The newsletter can also be accessed on Friday morning (Day 10) on the College website at <http://www.crcstalbans.catholic.edu.au>

### Applications for Year 7 2015

Enrolments are now being taken for Year 7 2015. Application forms and College Information packs can be obtained from the front office at any time. The application form can also be downloaded from the College website at [www.crcstalbans.catholic.edu.au](http://www.crcstalbans.catholic.edu.au).

### Since our last newsletter.....

Over and above the day to day activities of the school since our last newsletter students, families and staff have participated in the following:

Year 9 Premier League

Track and Field Training

Year 8 City Experience

Work Experience

Year 9 Community Service

Student Parent Teacher interviews

### Year 5 visits

I am sure that students and their families are very appreciative of all these opportunities and the time and energy that staff put into organising and offering these experiences.

### Key Dates Term 3 2014

Tuesday 29<sup>th</sup> July: Parents as partners Year 7 Maths Night

Wednesday 30<sup>th</sup> July: Sydenham Twilight Open Evening

Tuesday 12<sup>th</sup> August: Year 10 course plan ning day / Year 10 Social

Wednesday 13<sup>th</sup> August: Staff Planning Day (students are not required at school)

Friday 15<sup>th</sup> August: SACCSS Interschool Chess tournament.

Tuesday 26<sup>th</sup> August: Year 10 Reflection Day / Year 7 Zoo excursions

Tuesday 9<sup>th</sup> September: Year 10 VET Dance night

Tuesday 16<sup>th</sup> September: Interschool Track and Field.

Wed 17<sup>th</sup> – Friday 19<sup>th</sup> Sep: Year 9 Camp



CHRISTINA UTRI  
PRINCIPAL



## family Matters

### SCHOOL FEES Education Maintenance Allowance (EMA)

Families who received EMA benefits for the first semester DO NOT need to re-apply this year, **EXCEPT if the card has EXPIRED**. Please bring in your NEW CARD to claim your second payment. Your card should be valid as of 14 July 2014. All forms for new applications MUST BE COMPLETED BY FRIDAY 25th July 2014.



### CHINA TRIP

A reminder to students taking part in the trip to China; could you please arrange final payment as soon as possible.

祝你在中國旅行愉快



### CAN YOU HELP?

#### - NATIONAL TREE PLANTING DAY -



CRC St Albans is having a GARDEN MAKEOVER in their veggie patch and are looking for help from family volunteers.

**Are you free on Thursday 31st July 2014 between the hours of 10.00am—2.00pm?**

Can you assist us with lawn mower, shovels, rakes, other tools, hand gloves, building skills and/or your time to help out? (Time to be negotiated). We'd love to hear from you! Please call the school office and speak to Mr Tobin on 9366 2544



## Asthma Australia

AhCHOO!  
Sniff,  
Sniff!



### Asthma and Hay Fever (Allergic Rhinitis) in Spring.

During Spring time plants, grasses and trees release pollens into the air. As a result, students and staff who are sensitive to pollen may find their asthma and hay fever (allergic rhinitis) symptoms worsening.

During days of windy conditions or during thunderstorms more pollen is released into the air.

When breathed in these tiny particles penetrate the lungs. Hay fever is very common during spring and as a result of the strong association between asthma and hay fever, those with both conditions will often experience increased asthma symptoms during this time.



### Tips to help your students and staff reduce asthma and hay fever symptoms during spring:

- ◆ Ensure Asthma Care/Action Plans are up to date.
- ◆ Ensure Asthma Emergency Kits are suitably equipped, accessible and medication is in date.
- ◆ Ensure staff are up to date with asthma training & aware of the policy for an Asthma Emergency.
- ◆ Be aware of which students have pollen as a trigger for asthma or hay fever.
- ◆ Encourage students to be aware of their own symptoms and to seek assistance when needed.

Check the daily Pollen forecast at [melbournepollen.com.au](http://melbournepollen.com.au) and consider planning activities indoors.

For more information on asthma and hay fever please contact The Asthma Foundation of Victoria.

Or visit our website: [asthma.org.au](http://asthma.org.au)

### National Asthma Week 1st - 7th September 2014

**Why not get your school involved in National Asthma Week (NAW) this year!**

We can provide you with all you need to develop your own Asthma Information display. Check out our website [asthma.org.au](http://asthma.org.au) for Brochures and other Resources available. Or send us an email with your ideas and we will see how we can help!

Stay tuned for more about National Asthma Week.

**The Asthma Foundation of Victoria** [www.asthma.org.au](http://www.asthma.org.au)  
1800 ASTHMA (278 462)



# COMMUNITY FORUM and SURVEY

Main Road St Albans  
Level Crossing Removal

**Saturday 26th July 2014**

**GROW CHURCH HALL**

**95 Alfrieda Street St Albans (Arthur st entrance)**

- ◆ Presentations by the Community Resource Action Group  
11:00am and 2:00pm
- ◆ VICROADS representative in attendance to answer questions

## Project Overview

Detailed works to support the level crossing removal will begin this year, with the separation of the railway line expected to begin in mid 2015, taking approximately 18 months to complete. Following is a detailed design stage and then construction. Timeline for major construction has not yet been determined.



Photo of Lowered Rail Line at Mitcham Station, opened January 2014

The project involves the following:

- ◆ Lowering of rail line below Main Road
- ◆ New station, concourse and platforms south of Main road with an entrance at street level with stair and ramp access.
- ◆ New bus interchanges either side of rail cutting with linked pedestrian footbridge.
- ◆ New pedestrian overpass at Ruth street.
- ◆ New station carpark

For more information:

### Forum and Survey

<http://stalbanpublicforum.wordpress.com>

<mailto:stalbanpublicforum@gmail.com>

<https://www.facebook.com/StAlbansCommunityResourceGroup?ref=hl>

### About us

St Albans Community Resource Action Group, a group of community members who advocate about local issues. We meet monthly at St Albans Connect, 10C Esplanade St Albans.  
EMAIL: [stalbanscrms@gmail.com](mailto:stalbanscrms@gmail.com)

**Drop in to the forum any time from 10:00am - 2:00pm**  
Light refreshments available

## Year 7 Languages Excursion

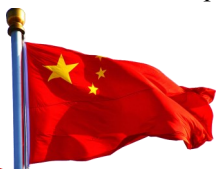
All year 7 students will be attending the Languages Excursion where they will be visiting the Melbourne Chinese Museum and the Italian Cultural Centre.

**Permission letters were sent home last week and need to be returned by Friday 25<sup>th</sup> July.**

Students need to wear their winter uniform and need to bring their own lunch and a drink for the day. Finally, students will be required to meet in their homerooms at 8:30am sharp on their excursion day.

### Languages Excursion Dates:

Tuesday 29<sup>th</sup> July – 7 Snowy  
Wednesday 30<sup>th</sup> July – 7 Kiewa & 7 Yarra  
Tuesday 5<sup>th</sup> August – 7 Avoca & 7 Wimmera



CATHOLIC REGIONAL COLLEGE SYDENHAM  
**TWILIGHT OPEN EVENING  
 AND CAREERS EXPO**

**WEDNESDAY 30 JULY 2014**  
 05.00PM – 8.30 PM



PLEASE REGISTER AT THE COLLEGE MULTIPURPOSE HALL  
 ON ARRIVAL.

The Twilight Open Evening will include:  
 Faculty / Subject Displays in the College Multipurpose Hall  
 Careers Expo – College Multipurpose Hall  
 and

Formal Parent Information Presentations will be held in *The  
 Crate Theatre* at the following times:

Session 1: 5.30 – 6.00pm      Session 2: 6.00 – 6.30pm  
 Session 3: 6.45 – 7.15pm      Session 4: 7.15 – 7.45pm

It is essential that at least one parent attend the information  
 session as we will cover specific course selection information and  
 other information about the College.

Course selection information packs will be distributed after the  
 session.



**BRIMBANK YOUTH  
 EMPLOYMENT FORUM**

**VENUE:** VisyCares Hub Sunshine, 80B Harvester Rd Sunshine

**DATE:** Thursday 21 August 2014

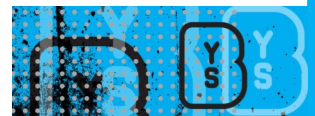
**TIME:** 3.30 - 5.30pm

**FREE ADMISSION**

Please bring your resume and a list of questions you would like to ask.

For more information and to book a  
 spot call Loren at Youth Services on:  
 9249 4213 or email:

lorenp@brimbank.vic.gov.au



*Live the Dream*

**CRC ITALY 2015**



Explore Rome, Venice and Florence

*Option 1* - 25 March-11 April 2015

*Option 2* - (Home school Stay)

25th March–19th April 2015

**Information Session for parents**

7th August 2014

in the CRATE at CRC Sydenham

7.00pm

***Expressions of interest:***

email with your name, Phone number and  
 campus to: Italy@crccsydenham.net

**At CRC, cyberbullying is unacceptable**

If you ever feel unsafe when using technology...

**Speak Up**

Talk to someone ... a teacher,  
 a friend, a family member.





**Questions for thought  
on the Gospel reading**

Jesus says God’s kingdom is like a treasure that makes you happy. What makes you happy about being part of God’s amazing kingdom?  
How can we share the kingdom and this happiness with others?

**Wednesday Morning Mass Roster**

Thank you to 8 Hollows for leading Mass on Wednesday 16<sup>th</sup> July. Here is the roster for term 3

**ROSTER TERM 3**

30th July	CRC 7 Snowy- MCE
6th August	CRC (CML) /Sacred Heart St Vinnies Crew & Sacred Heart
13th August	Sacred Heart
20th August	CRC 7 Yarra/Wimmera - TMD
27th August	Sacred Heart
3rd September	CRC 10 Little - MGN
10th September	Sacred Heart
17th September	CRC Year 8 Level Mass – TMD and 8 RE Teachers

*The Power to change a life is within us all...*



**St Vinnie’s Corner**



*We invite the school community to log into the St Vincent De Paul Society website and check out what they are up to. The winter appeal has already hit \$1.6 million. There is a lot to read about and see where and how they support our local area. <http://www.vinnies.org.au>*

***St Vinnie’s Crew members please note: our weekly meetings have moved to Tuesday at lunchtime in room 28. New members are welcome to join.***

**Reflecting on the Gospel**

**Sunday 27<sup>th</sup> July**

A reading from the holy Gospel according to Matthew

Jesus said to the crowds, ‘The kingdom of heaven is like treasure hidden in a field which someone has found; he hides it again, goes off happy, sells everything he owns and buys the field.

‘Again, the kingdom of heaven is like a merchant looking for fine pearls; when he finds one of great value he goes and sells everything he owns and buys it.’

*A prayer for Peace in the World*

We are well aware of the continual cycle of violence around the world. As we each find our own way through the maze of inner feelings, it is comforting to know that we are not alone in our struggles or in our hopes. Even as tragedy and suffering have occurred to so many people now and throughout history, there have also been passionate insightful voices calling for peace and healing.

Circle me, Lord.  
Keep protection near  
And danger afar.

Circle me, Lord  
Keep hope within.  
Keep doubt without.

Circle me, Lord.  
Keep light near  
And darkness afar.

Circle me, Lord.  
Keep peace within.  
Keep evil out.



By: David Adam  
<http://www.worldprayers.org>



## KEY DATES 2014

*Please mark these important college dates in your diary.*

### TERM 3

**Tuesday 29<sup>th</sup> July:**

Parents as partners Year 7 Maths Night

**Wednesday 30<sup>th</sup> July:**

Sydenham Twilight Open Evening

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Year 10 course planning day  
Year 10 Social

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(students are not required at school)

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Interschool Track and Field.

**Wed 17<sup>th</sup> – Friday 19<sup>th</sup> Sep:**

Year 9 Camp



*Someone Once Said...*

" Success usually comes to those who are too busy to be looking for it "

- Henry David Thoreau



## Would you like to learn an instrument at school?

Metro Music School are providing guitar lessons at our college. There are still vacancies for guitar, keyboard, singing and drum lessons.

Classes will run for 30 minutes

each week during school hours on a rotational timetable.

If you are interested please see Miss Farrugia for an information and enrolment form as soon as possible.