# **Catholic Regional College St Albans**

Love One Another as ? Have Loved you

# 162014 NEWSLE''ER 17 October

#### Prayer to End Poverty

May God bless us with discomfort at easy answers, half-truths, and superficial relationships, so that we may live deep within our hearts.

May God bless us with anger at injustice, oppression, and exploitation of people, so that we may work for justice, freedom and peace.

May God bless us with tears to shed for those who suffer from pain, rejection, starvation and war, so that we may reach out our hands to comfort them and turn their pain into joy.

And may God bless us with enough foolishness to believe that we can make a difference in this world, so that we can do what others claim cannot be done.

(Marianist Social Justice Collaborative)



From the Principal ...

Today is the International Day for the Eradication of Poverty. This day was instituted by the United Nations in 1993 to draw worldwide attention to the first of the Millennium Development Goals; the eradication of extreme poverty and hunger by 2015 (next year). This work has had some impact, in that, globally the rate of extreme poverty has been cut in half since 1990. Extreme poverty is defined as earning less than \$1.25 per day. However, without a doubt there is still much to be done as:

in 9 people remain hungry;
2 billion people live in extreme poverty;
and
million people are estimated to be undernourished, including 99 million children under age five.

Even in a country as well off as Australia, it is estimated that one in every seven people lives in poverty. How does this happen? And I wonder if we are, as our prayer asks, uncomfortable and foolish enough to do something about it?

'Like slavery and apartheid, poverty is not natural. It is man-made, and can be overcome and eradicated by the actions of human beings.' (Nelson Mandela)

### Welcome Back

Welcome back to term 4. I hope that everyone had a really good break and has come back well rested, recharged and ready for a big effort in Term 4.

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#### Good Intentions Aren't Enough!

Most of us begin a new term with the best intentions and know exactly what we SHOULD be doing. We SHOULD work hard, do our homework, read every day, ask for help, go to Study Support, start revision for exams early in the term, meet deadlines, come to class prepared....... However, having good intentions is not enough – it is what we actually do that counts! We need to have the self-discipline to follow through and to stick to the things we KNOW we SHOULD do.

Following the mid-year reports students set learning goals and action steps to achieve these. Whilst many are doing a great job in following through on these actions, some need to refocus and get down to actually doing what they've planned. With a quarter of the year to go, it is not too late. Support from a trusted friend, a family member, your PC teacher, Jenny or your Year Level Leader might help.

I'd encourage all students to make sure that this is a term where they actually DO what they know they should be doing.

#### Congratulations 7 Kiewa

Towards the end of Term 3 Year 7 Kiewa students and their pastoral care teacher, Jenny Spataro, organised a Car Wash to raise funds for the Cancer Council of Victoria. This service was in high demand and our budding entrepreneurs raised a very healthy \$440.50. Well done to all involved.

#### Chicken Pox

Currently there is someone in our school community whose health could be adversely affected if they come into contact with chicken pox. I'd ask that families notify the school as soon as possible if their child comes down with chicken pox or is in contact with someone who has chicken pox.

### SACCSS Interschool Athletics

Congratulations to all the students who represented CRC St Albans at the recent SACCSS Athletics Carnival. We are very proud of all that these students achieved and the terrific school spirit and sportsmanship that they displayed. They were a credit to themselves, their families and the College.

Thank you to Mark Donahoo for his tireless coaching over many months; to Andrea Leury, our Sports Coordinator, for the work she put in to ensure things went smoothly; to the staff who attended the day and to all the students who have been training at lunchtimes and after school to prepare for the day. Your hard work was well rewarded.

#### Interhouse Track and Field

Preparations are now under way for our Inter-house Track and Field carnival which will be held on **Friday 31<sup>st</sup> October** at the Keilor Athletics Track. A permission letter with details of the day will be sent home next week.

For those family members who have the time, you are very welcome to join us for all, or part of the day. Students would appreciate your support.

Where:	Keilor Park Athletics Track, Stadium Drive			
	Keilor Park (Next door to the Keilor Basketball			
	Stadium)			
When:	Friday 31 <sup>st</sup> October, 2014			

**Time:** 10.00am – 2.30pm

If you would like to attend but do not have transport, please contact Jill Gerada (9366 2544) and she will make arrangements for you to travel with the school. Buses will leave the school just after 9.00am.

#### Images 2014

The Arts area is a hive of activity at the moment as students and staff put the final touches to their work for Images 2014, our annual exhibition of student work from Visual Arts, Visual Communication and Design and Media Studies. The quality of the work is always outstanding and well worth a visit. I encourage all families to attend the opening of the exhibition on **Tuesday 28<sup>th</sup> October.** It is a night not to be missed. I hope to see many of you there.

#### Year 9 Camp

On behalf of the Year 9 students I'd like to thank Chris Orsini and all the staff who planned and attended the Year 9 camp. From all accounts it was a challenging but terrific experience for everyone.

#### Term 4 Uniform

From the beginning of Term 4 until the Cup Weekend students can wear either the **full winter** uniform or the **full summer** uniform. They cannot mix and match the two. After Cup Day it is summer uniform only.

**Please note:** The College spray jacket can only be worn with the PE uniform.

#### Re-enrolment 2015

Families who have not returned their re-enrolment form are asked to do so as soon as possible.

If there are difficulties in paying the \$100 enrolment deposit please speak with Mrs Ross, our Bursar, about this. It won't be a problem.

#### Newsletter

The newsletter is published fortnightly and distributed on **Day 10 (Friday Week 2)** or Day 9 if there is a whole school off site activity on the Friday. Students will have a chance to read it before placing it in their diary to be taken home to parents that evening.

Newsletter Days for Term 4 2014:

Thurs 30<sup>th</sup> October Friday 14<sup>th</sup> November Thurs 28<sup>th</sup> November

The final newsletter for the year will be mailed home with reports on Thursday 18<sup>th</sup> December.

The newsletter can also be accessed on Friday morning (Day 10) on the College website at: <u>http://www.crcstalbans.catholic.edu.au</u>

#### Applications for Year 7 2016

Enrolments are now being taken for Year 7 2016. Application forms and College Information packs can be obtained from the front office at any time. The application form can also be downloaded from the College website at: <u>www.crcstalbans.catholic.edu.au</u>.

#### Since our last newsletter.....

Over and above the day to day activities of the school since our last newsletter students, families and staff have participated in the following:

- Year 9 Immigration Museum visits
- Loaves and Fishes Food Bank
- Year 7 Gallery visits
- Year 9 Chemistry excursion
- Years 7 -> 9 PAT Maths and Reading tests.

I am sure that students and their families are very appreciative of all these opportunities and the time and energy that staff put into organising and offering these experiences.

CHRISTINA UTRI PRINCIPAL





## SCHOOL FEES

All families would have received their most recent school fee statement, dated 31st August 2014.

# Thankyou to those families whose fees are up to date.

Families in arrears and particularly Year 10 families, need to have all 2014 fees paid before the end of Term 4.

Should you have any difficulties please do not hesitate to contact Mrs. Anne Ross at the college on 93662544.



# Communicating with teenagers

Create spaces for communication

Sometimes you need to create the environment where you and your teenager can talk. One father told me how he went on a date with each of his teenage children a number of times a year. It was non-negotiable, but his children could choose where they went and what they did. There's nothing wrong with a little cunning and insistence by parents!

BY Michael Grose, Parenting expert - http://www.parentingideas.com.au/

### **Riddles & Learning fun**

**Watermelon Riddle Answer from last newsletter:** In the beginning it is 99 kg water and I kg other stuff. At the end, the 1kg other stuff is 2 percent, so the total weight is 50kg—1kg other stuff =49kg water. so 99kg—49kg = 50kg water lost.

Answer: 50 kg.

## KEY DATES 2014

Please mark these important college dates in your diary.

# TERM 4

**Thurs / Fri 23<sup>rd</sup> and 24<sup>th</sup> October:** Year 10 Outdoor Education Camp

**Tuesday 28<sup>th</sup> October:** Images Visual Arts Exhibition Opening Night

Wednesday 29<sup>th</sup> October: Year 7 2016 Information Night

**Friday 31st October:** Interhouse Track and Field

Mon / Tues 3<sup>rd</sup> and 4<sup>th</sup> November: Cup Weekend Mid Term Break

> Tuesday 18<sup>th</sup> November: Final school assembly - McAuley Awards

**20<sup>th</sup> – 25<sup>th</sup> November:** Years 9 and 10 exams

**Tuesday 25<sup>th</sup> November:** Final day of classes for Year 10 students

**Wednesday 26<sup>th</sup> November:** Year 10 Graduation Mass (7.30pm)

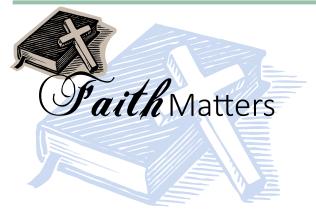
> **Friday 28<sup>th</sup> November:** Report preparation day (students not required)

**1**st – **5**th **December:** Year 11 Transition program at CRC Sydenham.

**Thursday 4<sup>th</sup> December:** Ball Sports Day (Years 7 – 9 students)

**Friday 5<sup>th</sup> December:** Final day for Years 7 – 9

Friday 19<sup>th</sup> December: School office closes



A Prayer for World Mental Health Day held on Friday 10 October 2014.

#### Tender God,

Your gentle and kind-hearted love waits for us in the darkness and shields us from the light when it feels too overwhelming. We remember today all those who live in the depths of depression. Continue to cherish us all when we find it so difficult to cherish ourselves. Enable us to discover companions of compassion who will abide with us, as you abide in all things and in all places where the heart and mind aches for peace and a place of rest from the storm. We ask this in the name of our brother and friend, Jesus Christ. Amen

#### Wednesday Morning Mass Roster

TERM 422nd OctoberSacred Heart29th OctoberCRC 9 Deakin and<br/>10 0 Connell - DIO5th NovemberCRC 9 Hughes - MFA12th NovemberCRC 10 Mannix - MDO19th NovemberSacred Heart26th NovemberSacred Heart3rd DecemberSacred Heart



St Vinnies Crew Update:

## On 11<sup>th</sup> of November

St Vinnies Crew is organising a **fundraiser** for the Holy Eucharist Food bank. Students are to wear a `Onesie' to school and bring a dollar donation.

Breakfast will be provided in the library from 7.30 am, so roll out of bed and enjoy the fun.



#### **SACCSS Track & Field Carnival**

This year the students involved in the Athletics team trained very hard in the lead up to the carnival which was held on Tuesday 16<sup>th</sup> September at Lakeside Athletics Track. Congratulations to Martin Yabut and Jenia Lai both from 8 Hollows who came 2<sup>nd</sup> in the individual rankings for their age divisions. Also thank you to Mark Donahoo for all his work in training the students in the lead up to the carnival. The final results for our school were:

Junio	or	Intermediate	
Aggregate	4 <sup>th</sup>	Aggregate	5 <sup>th</sup>
Girls	6 <sup>th</sup>	Girls	5 <sup>th</sup>
Boys	3 <sup>rd</sup>	Boys	5 <sup>th</sup>



Someone Unce Said . . . "Either write something worth reading

or do something worth writing."

- Benjamin Franklin

