## Catholic Regional College St Albans

## Love One another as 7 Have Loved You




## Today

Today
may I give and receive love.

## Today

may I work for justice.
Today may 1 listen and pray.

## Today <br> may I sing God's praises.

## Today

may I delight in God's beauty.

## Today and every day.

Ruth Burgess

## From the

Students across the school have a range of exams, class tests and assessment tasks which need to be completed over the next three weeks. It's important that everyone continues to work hard to the very end.
As always, it's important that all students are at school each day unless sick. Sometimes students will ask parents and carers for a day off towards the end of the year, claiming that things are winding down. This is not the case. The final weeks of the year are a time to ramp up, not to wind down. Winding down is the task of holidays.
Students who think they've left it all too late for this year, might like to think about the following Chinese proverb:

## "The best time to plant a tree is twenty years ago. The second best time is today."

## Interhouse Athletics Carnival

The recent athletics carnival was a great day. There were some remarkable individual and team performances; excellent participation, and some fine House spirit.
Thank you to everyone who came in fancy / house coloured dress on the day. The costumes and colour really added to the fun and atmosphere. Congratulations to O'Reilly House on taking out the overall aggregate. Thank you to all involved in organising the day, particularly the Sports Captains, Andrea Leury and the PE staff, but also everyone who participated and gave their absolute best for their team. It was a terrific day.

## Congratulations

Recently George Kastanaras represented the College at the Victorian All Schools Track and Field Champion-
ships. He ran in the $100 \mathrm{~m}, 200 \mathrm{~m}$ and 400 m events and we are really proud of his efforts. George is a dedicated young athlete who is working hard to develop his skills.

## Report Preparation Day: Friday $28^{\text {th }}$ November

Whilst assessment and finalisation of reports continue into the last week of term 4, Friday $28^{\text {th }}$ November has been set aside for staff to mark exams and to begin the preparation of reports. Students in Years $7-9$ will not be required at school.

## Year 112016 Sydenham Information Night

In the past few days all Year 9 families will have received a letter from CRC Sydenham, inviting them to attend an Enrolment Information Night on Wednesday 19th
November, 2014. The night will include the chance to tour the school and to hear about the many different pathways and opportunities offered at Years 11 and 12.

It is important that all Year 9 families attend as information about the enrolment process will be given out on the night.

Please contact Sydenham or the office at St Albans if you have not received this information.

Following the Information Night there will be a second meeting for all students who are taking a VET or VCE subject as part of their Year 10 course in 2015. Students and their families will have the opportunity to meet teachers / trainers to get important information about course requirements, materials and times.

All students taking a VCE or VET subject in Year 10 2015 are required to attend.

## Chicken Pox

Currently there is someone in our school community whose health could be adversely affected if they come into contact with chicken pox. I'd ask that families notify the school as soon as possible if their child comes down with chicken pox or is in contact with someone who has chicken pox.

## Re-enrolment 2015

Families who have not returned their re-enrolment form are asked to do so as soon as possible.

If there are difficulties in paying the $\$ 100$ enrolment deposit please speak with Mrs Ross, our Bursar, about this. It won't be a problem.

## Newsletter

The newsletter is published fortnightly and distributed on Day 10 (Friday Week 2) or Day 9 if there is a whole school off site activity on the Friday. Students will have a chance to read it before placing it in their diary to be taken home to parents that evening.

Newsletter Days for Term 4 2014:
Thurs $28^{\text {th }}$ November
The final newsletter for the year will be mailed home with reports on Thursday $18^{\text {th }}$ December.
The newsletter can also be accessed on Friday morning (Day 10) on the College website at:

## http://www.crcstalbans.catholic.edu.au

## Applications for Year 72016

Enrolments are now being taken for Year 72016. Application forms and College Information packs can be obtained from the front office at any time. The application form can also be downloaded from the College website at www.crcstalbans.catholic.edu.au.

## Since our last newsletter.....

Over and above the day to day activities of the school since our last newsletter students, families and staff have participated in the following:

St Vinnie's and SRC Casual Dress Day
Sausage Sizzle
Lunchtime Concert
Year 7 Back to primary school day
School Captain Interviews
I am sure that students and their families are very appreciative of all these opportunities and the time and energy that staff put into organising and offering these experiences.


CHRISTINA UTRI
PRINCIPAL

## KEY DATES 2014

Please mark these important college dates in your diary.

## TERM 4

Tuesday 18 ${ }^{\text {th }}$ November:
Final school assembly

- McAuley Awards
$\mathbf{2 0}^{\text {th }}-\mathbf{2 5}^{\text {th }}$ November:
Years 9 and 10 exams
Tuesday 25 ${ }^{\text {th }}$ November:
Final day of classes for Year 10 students

Wednesday 26 ${ }^{\text {th }}$ November: Year 10 Graduation Mass (7.30pm)

## Friday 28 $^{\text {th }}$ November:

Report preparation day (students not required)
$1^{\text {st }}-5^{\text {th }}$ December:
Year 11 Transition program at CRC Sydenham.

## Thursday $4^{\text {th }}$ December:

Ball Sports Day
(Years 7-9 students)
Friday 5 ${ }^{\text {th }}$ December:
Final day for Years 7-9
Friday 19 ${ }^{\text {th }}$ December:
School office closes
" I've missed
more than 9000 shots in my career. I've lost almost 300 games. 26 times I've been trusted to take the game winning shot and missed. I've failed over and over and over again in my life.
And that is why I succeed. "

- Michael Jordan


## Australian Mathematics Competition

On Thursday $7^{\text {th }}$ August, 38 of our students participated in the Australian Mathematics Competition and were awarded the following certificates:

1 Distinction
13 Credit
8 Prudence
16 Participation
Congratulations to the following students and all those who participated:

## Certificate of Distinction

Year 10: Trisha Ann Tolentino

## Certificate of Credit



Year 7: Piath Monoah
Year 8: Charles Vo, Kathleen Mendoza, Anushka Rao, Henry Thieu, Alyssa Martinez, Danny Pham, Truc Truong and Michelle Nguyen

Year 9: Maria Chu


Year 10: Katelinh Lamb, Aaron Lillo \& Gabriel Sanding

## STUDENT LEADERS AMIDST FUNDRAISING

 ACTIVITIES and NEW LEADERS ARE ELECTED FOR 2015 . . .Wednesday Morning Mass Roster

TERM 4
19th November
Sacred Heart
26th November
3rd December
Sacred Heart
Sacred Heart

## BREAKFAST NTHELBRARY TUESDAY $11^{\text {TH }}$ NOVEMBER

On Tuesday the $11^{\text {th }}$ November the Vinnies Crew and the SRC along with staff organised a casual dress fundraiser which included both a breakfast and a lunch. The day was an enjoyable one, but was also a reminder for students the greatest


## CAREERS <br> UPDATE

WORK EXPERIENCE 2015
News Corp's Victorian newspapers offer a work experience program for Victorian secondary school students in Year 10. Places are strictly limited and available only on selected weeks which have been predetermined by the company. In 2015, the program will be offered on some school holiday weeks. Students will spend their week learning about various careers within the media industry, with a focus on journalism. Areas covered in the week include: Journalism Photography
Production
Students will spend time at the Herald Sun in Southbank.

## 2015 WORK EXPERIENCE

PROGRAM DATES*
APRIL 7-10
JUNE 29-JULY 3
JULY 27-JULY 31
SEPTEMBER 21-25
2015 dates may change at HWT's discretion.

## HOW TO APPLY

Complete an application form and tasks and email to:
vicworkexperience@news.com.au Download the Work Experience
Program application form from here: http://resources.news.com.au/ files/238/451/95e9484e-454b-11e4-a4cb-76fb973361fc..pdf

## CLOSING DATE

Applications for the 2015 program close on December 1, 2014.

## Year 9 \& 10 Examination Schedule

As we are now well into Term 4, Year 9 and 10 students should be preparing in earnest for their exams. It is important that students develop and adhere to a study routine and follow the advice of their teachers in order to prepare thoroughly for all exams. We wish them well with their studies.

| Time | Thursday <br> $\mathbf{2 0}^{\text {th }}$ Nov <br> (Day 4) | Friday <br> $\mathbf{2 1}^{\text {st }}$ Nov <br> (Day 5) | Monday <br> $\mathbf{2 4 ~}^{\text {th }}$ Nov <br> (Day 6) | Tuesday <br> $\mathbf{2 5}^{\text {th }}$ Nov <br> (Day 7) |
| :---: | :---: | :---: | :---: | :---: |
| Per <br> $1 \& 2$ |  <br> Year 9 Literacy <br> Support | Year 9 <br> Mathematics | Year 9 English | Year 9 Science |
| Per <br> $3 \& 4$ | No Exams | Year 10 <br> Humanities | Year 10 <br> Mathematics | No Exams |
| Per <br> $5 \& 6$ | Year 10 <br> English | Year 10 <br> Science | Year 10 RE <br> Followed by <br> Graduation <br> Rehearsal | No Exams |

Year 10 LOTE - in elective time on Tuesday $18{ }^{\text {th }}$ November


## Communicating with teenagers

Make time for
the people you love
Life becomes out of balance when you're focusing too much on one thing, says Sophie Robertson, a life and career coach from Younique Coaching. For her clients, that focus is usually work at the expense of family relationships.
"Work is supposed to serve us, we're not supposed to serve it," Robertson says. "Start setting up positive relationship habits. Look at your week on a Sunday night and allocate time for the commitments that are important to the health of your family, whether that's setting up couple time, turning down work on Saturday because it's your son's football match, or being home on time at least twice a week to give your children their bath.
"Make these non-negotiable otherwise you'll wake up in 20 years asking, 'Where's my life gone?' Remember, you won't get time with your partner when they've left due to neglect, or with your kids when they're grown up."

BY Michael Grose, Parenting expert - http://www.parentingideas.com.au/

## SCHOOL FEES

## Thankyou to those families whose fees are up to date

All families that have an outstanding balance would have received their school fee statements this week. We ask that families finalise their school fees by $30^{\text {th }}$ November 2014.
Should you have any difficulties please do not hesitate to contact Mrs. Anne Ross at the college on 93662544.

## School Athletics Carnival

On Friday $31^{\text {st }}$ October our school Track and Field Carnival took place at Keilor Park Athletics Track. The students were very colourful with their house dress up and the competition on the track was very exciting. A couple of records were also broken on the day. The aggregate winners of the day are below:


|  | 1st Place | $2^{\text {nd }}$ Place | $3^{\text {rd }}$ Place | $4^{\text {th }}$ Place |
| :---: | :---: | :---: | :---: | :---: |
| Boys Aggregate | O'Reilly 384 pts | Reis 341.5 pts | Guelen 300.5 pts | Corbett 284 pts |
| Girls Aggregate | Guelen 347.5 pts | O'Reilly 337 pts | Corbett 293 pts | Reis 286.5 pts |
| Overall Aggregate | O'Reilly 721 pts | Guelen 648 pts | Reis 628 pts | Corbett 577 pts |



The staff versus student tunnel ball race was a highlight of the day congratulations to the O'Reilly team for coming in $1^{\text {st }}$ place.


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