

# **Catholic Regional College St Albans**

Love One Another As I Have Loved You

# 

#### All Saints

Holy Mary, Mother of God Pray for us.

Saint John the Baptist

Pray for us.

Saint Joseph

Pray for us.

Saint Peter and Saint Paul

Pray for us.

All holy men and women

Pray for us.



# Principal's Report

On Tuesday we celebrated the feast day of 'All Saints'. This day isn't about those who've been publicly recognised as saints, such as St Mary of the Cross or St Teresa of Kolkata. Each of these have their own feast day during the year. Instead, on the Feast of 'All Saints' we celebrate the lives of the many ordinary good people who have led lives of great faith and who are now in God's presence. This is their collective feast day.

November is a special time to remember and pray for all those who have died. Burying the dead is a physical work of mercy and praying for the dead is a spiritual work of mercy. Within the Catholic tradition, prayer candles are often lit to honour those who have died. This practice happens in chapels, cathedrals, churches and in homes as families and friends gather to remember and give thanks for those whom they have loved and lost.

During this month I invite you to pray for and to remember those you know who have died. We remember especially all in our school community who have lost someone they loved over the past year.

We pray.....

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

May they rest in peace.

Amen.

# Congratulations: 9 Hughes and 9 Deakin

Last week we received a phone call from a guide at the Shrine of Remembrance. He rang to congratulate the students of 9 Hughes and 9 Deakin on the interest, respect and behaviour they showed on their visit to the Shrine. In his words, they were fantastic. Students asked many questions, contributed to the discussion and were great ambassadors for the school. He felt that he needed to ring as they were so good.

Thank you to the students in 9 Hughes and 9 Deakin, and to the staff who accompanied them. It is lovely to get such positive feedback. We are very proud of you. Thank you for helping us all to walk a little taller!

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### Interhouse Athletics Carnival

We had a great day at last week's athletics carnival. There were some remarkable individual and team performances, excellent participation, and some fine House spirit.

Thank you to everyone who came in fancy / house coloured dress on the day. The costumes and colour really added to the fun and atmosphere.

In a very close battle for the overall aggregate, Guelen House won by just three points! Three points is the difference between 6<sup>th</sup> and 7<sup>th</sup> place in an individual 'A' event. The narrow Guelen win is a great story of every person playing their part. From the outset, the Guelen Captains, Danny Pham and Kim Ngo set out to ensure that they were represented in every event. Throughout the day they cajoled and encouraged their team to participate. It paid off in spades! Congratulations to Danny, Kim and the whole Guelen team.

Thank you to all involved in organising the day, particularly the Sports Captains, Mrs Andrea Jurcec, Mrs Claire Rayos, the PE staff and everyone who assisted. Thank you also to everyone who participated and gave their absolute best for their team. It was a terrific day.

# Suitcase Drama Series

On Wednesday I was very lucky to attend the Malthouse Theatre to watch our Year 10 students perform in the Suitcase Drama series. Congratulations to all involved. It was a brave, compelling and moving interpretation of the issue and script, and an entertaining and thought provoking performance.

In the Suitcase series students devise their own work in response to an issue and perform this to students and staff from other schools. The students' performance was well received and we are very proud of all they've achieved.

I thank Ms Mhairi Shepherd for all her work in leading this project and the students for representing our school so well. The many hours of rehearsal after school, during the holidays and on Cup Weekend Monday were all worth it. Well done.

# Applications for Year 7 2018 and Year 7 2019

From next year the Year 7 enrolment timeline for Catholics schools will change. Students will enrol in Year 5 not Year 6. This means that next year there will be two enrolment processes. The enrolment timelines for Year 7 2018 and 2019 will be as follows:

	Year 5 2016	Year 4 2016	
Year 5 Visits (students)	July 2016 (already completed)	July 2017	
Enrolment applications close	17 February 2017	25 August 2017	
Enrolment offers made	27 April 2017	13 October 2017	
Final date for acceptance of enrolment.	11 May 2017	27 October 2017	

Enrolments are now being taken for Year 7 2018 and Year 7 2019. Application forms and College Information packs can be obtained from the front office at any time. The application form can also be downloaded from the College website at:

www.crcstalbans.catholic.edu.au.

# Tutoring

With final assessment tasks due and Years 9 and 10 exams only 2½ weeks away some students may be looking for some extra assistance.

Edmund Rice Community and Refugee Services run a free tutoring service for secondary students at Errington Community Centre Hall on Tuesday afternoons from 3.30 – 5.00pm and at CRC St Albans in our library on Saturday morning from 10.30am – 12.00 midday.

This service is open to **all** students. The tutors come from a range of backgrounds – quite a number work in Maths and Science related fields so would be well able to help students in these areas. Usually the tutor to student ratio is 1:1.

I highly recommend this service to families.

### Newsletter

The newsletter is published fortnightly and distributed on Day 5 (Friday Week 1). Students will have a chance to read it before placing it in their diary to be taken home to parents that evening.

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Newsletter Days for Term 4 2016:

Fridays: 18 November 01 December

A final newsletter will be mailed home on Tuesday 20 December.

The newsletter can also be accessed on Friday morning (Day 5) on the College website at:

http://www.crcstalbans.catholic.edu.au

### Since our last newsletter

Over and above the day to day activities of the school since our last newsletter students, families and staff have participated in the following:

Melbourne Water: Kids teaching Kids conference

Year 9 Trinity Shrine and Immigration Museum visits

Year 10 Suitcase series Drama performance

Preparations for Image 2016

Inter-house Athletics carnival

Year 8 Premier League

**CRC** Celebrates

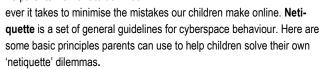
I am sure that students and their families are very appreciative of all these opportunities and the time and energy that staff put into organising and offering these experiences.

CHRISTINA UTRI *PRINCIPAL* 

# Digital social skills

By Catherine Gerhardt

As parents we want to do what



**Be kind** Remember the human behind every screen. Every user is an independent person with individual thoughts and feelings. It can be easy to misunderstand another person's intentions or even be rude to others when you are not interacting with them in person and given the grace of viewing facial expressions and emotions. Perhaps the best mantra we can go back to as parents is the golden rule of "Treat others how you would like to be treated."

Respect privacy With the world wide web being a public place, privacy is paramount. Learning how to protect personal information and the importance of looking at a website's privacy policy can help develop skills around internet privacy. Asking for permission before creating accounts and downloading files, strategies for identifying scams and limiting the type of information kids give about themselves or others can help set a strong foundation for their digital lives.

**Develop their internal filter** Parents may feel that they have some control over their child's use of technology and many use programs and apps that allow for monitoring and filtering content. We need to help our children develop their internal filter, as this is the one they will always have and may need to rely on. Research is clear that the best way to teach morals and ethics is through example.

**Teach them to do the right thing** Parents can nurture moral principles that will guide their children to stand up for their beliefs and act right even without us. Know what you stand for so that your child knows. Discuss with your child how you feel about the issue and why.

Be upstanding There will be times online when your child will have to be brave and stand up for others, when they will have to go against social pressure to do what is right. Encourage your child to stand up, speak up and act up against online abuse. They can support the target by letting them know they are there and provide empathy. Encourage your child to report what is happening to a trusted adult; someone who they believe will listen and has the skills, desire, and authority to help.

#### **THINK**

Using the THINK rule can go a long way in practicing digital social skills. It is a checklist of questions that children must go through before they post or comment online. Is it True? Is it Helpful? Is it Inspiring? Is it Necessary? Is it Kind? Created to emphasise care online, it applies to real world engagement as well.

Catherine Gerhart, is a dedicated advocate of critical thinking skills in children and young people. As a parent of school aged children she understands the commitments and challenges parents face ensuring they provide the right information to young people in a way that empowers them to develop their personal and social capabilities. Catherine is a certified training provider through the Office of the Children's eSafety Commissioner.



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### Our new "Faith Space"

We have now dedicated a special space in the school for our symbols of Faith and work in Religious Education. The Faith Space is located in the foyer area outside the Library. It will continue to grow each year. We invite you to check it out. Here are some pictures of the Faith Space:



# Wednesday Morning Mass

Roster Term 4

**9th November**Sacred Heart

**16th November** CRC 9 Curtin with Ms Dykes

#### Thank you to:

7 Yarra and Mr Marshall for leading Mass on Wednesday 2<sup>nd</sup> November (All Souls Day)

# Here are the Prayers of the Faithful from the Mass:

We pray that we may remember those who have died and keep them in our hearts. Lord, hear us.

#### Lord, hear our prayer.

We ask that you forgive the wrong things that we have done and help us to stay close to you.

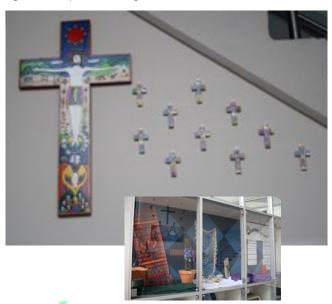
Lord, hear us.

#### Lord, hear our prayer.

We pray that we may one day share the joys and blessings of eternal life with God.

Lord, hear us.

Lord, hear our prayer.



### Social Justice and Environment Captains

Applications are now open for Year 9 Students who are interested in leading our school community in the areas of Social Justice and Environment.

#### Applications forms are available in the office.

If you think this could be you then grab an application form.

Please see Mr Marshall or Hayden if you have any questions.





NOVEMBER 2016

STALBANS LIBRARY NEWSLETTER

KIEWA WIMMERA

ORIFICI

ATTARD

SNOWY

YARRA

HOLLOWS

MACKILLOP

CLARK

**EDISON** 

BARTON

DEAKIN

LITTLE

O'CONNELL

LYONS

HUGHES

CURTIN

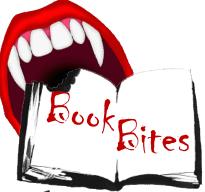
MCAULEY

MANNIX



The final day for counting in the Readers Cup is FRIDAY 18<sup>TH</sup> NOVEMBER. 7 Kiewa is currently leading with 7 Wimmera only 16 books behind.

> Congratulations to 9 Deakin and 10 O'Connell who both moved up one space. Keep Reading . The winners will be announced on Tuesday 22<sup>nd</sup> November.



BOOK BITES . . . If you like the way the story starts, borrow the book from the Library Book Bites and find out how it ends. Here's a taste of our pick for this issue...

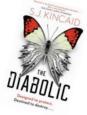
It was s bitterly hot and humid morning on the outskirts of Port Moresby in the early days of September 1942. As sweat trickled down his exhausted, shaking arms - and occasionally to the very fingertips he was pecking at the typewriter with – the great ABC correspondent Chester Wilmot tried to give some sense to what it was he had so recently seen.....



Adrianna: So, I have news.

Emily: Good or bad? Don't say bad – I know it's a comfort to have simultaneously sucky lives, but beyond my selfishness of wanting a partner in misery, I want you to get happy over there. You've been miserable since day one. That said, I'm never going to get over you leaving me. You know how they talk about the one that got away....

A diabolic is ruthless. A diabolic is powerful. A diabolic has single task: KILL in order to protect the person you've been created for.





### WHAT'S ON NEXT.....?

Final day Reader's Cup Challenge is Friday 18<sup>th</sup> November.

Winners announced on Tuesday 22<sup>nd</sup> November.

Pizza lunch for the winning class will be held on Thursday 1<sup>st</sup> December. Second hand book sale coming up – details to follow.

Remember you can access the Library through the school web page www.crcstalbans.catholic.edu.au

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### **School Athletics Carnival**

The school athletics carnival was held last Friday at the Keilor Athletics Track. There was a great atmosphere to the day, with lots of colourful costumes and decorations to celebrate the houses. There was also some very close competition with Guelen winning the overall aggregate by only 3 points. Well done to the students for their participation on the day and thank you to staff for all of their work on the day also.



Results from the carnival						
Boys Aggregate	Girls Aggregate	Overall Aggregate				
1. O'Reilly 391.5 pts	1. Guelen 361.5 pts	1. Guelen 734 pts				
2. Guelen and Reis 344.5 pts each	2. O'Reilly 309.5 pts	2. O'Reilly 731 pts				
3. Corbett 251.5 pts	3. Corbett 273.5 pts	3. Reis 620 pts				
	4. Reis 260.5 pts	4. Corbett 540 pts				

Champion Athletics Awards								
		Year 7	Year 8	Year 9	Year 10			
Female	1 <sup>st</sup>	Dalvana Dorbor	Agel Thon	Piath Monoah	Alyssa Matinez			
	2 <sup>nd</sup>	Kira Jansen	Abuk Ring	Ashol Arob	Kathleene Mendoza			
Male	1 <sup>st</sup>	Augustine Morris	Richie Vung	Nathan Taylor	Yoro Deng			
	2 <sup>nd</sup>	Ethan Binny	Michael Mayom	George Kastanaras	Danny Pham			



# SCHOOL FEES

#### Term Four Fees Are Now Due

If families are having any difficulties with fee payments please contact me at the college office on:

9366 2544 — Anne Ross

### Key Dates Term 4 2016

**23/11 – 30/11:** Years 9 and 10 exams

**Thursday 1 December:** Year 10 Graduation Mass

#### Friday 2 December:

Report Preparation Day (students not required)

#### 5 – 9 December:

Year 11 Transition (for Year 10 2016 students)

#### Wednesday 7 December

Yr 10 Orientation Day (VCE & VET) 8:45—3:30pm

#### Friday 9 December:

Final days for Years 7 – 9 students

# Monday 12—Tuesday 13 December Secondhand Book Sale

**Tuesday 13 December** Year 7 2017 Orientation Day

**Tuesday 20 December:** School office closes

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